

Learning Project Week 6 – Food

Age Range: Y5/6

Staying active is really important when you are at home. There are lots of resources, here are just a few to use!

[Joe Wicks PE sessions](#)

[Go Noodle](#)

[Super movers!](#)

[iMoves](#)

[Cosmic Kids Yoga](#)

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<p><i>If you can only complete 1 activity, please complete the daily maths session from White Rose.</i></p> <ul style="list-style-type: none"> • White Rose has a daily Maths lesson which can be accessed online. They are available for individual year groups. • In your home learning book, stick in the work from the lesson. If you haven't got a printer, don't panic! Ask your child to show everything that they have learned in their online Maths lesson from White Rose. They could write down the questions and answer them or they could use pictures and diagrams to explain what they have found out. They can be as creative as they want to be. • Encourage your child to play on Times Table Rockstars • Daily arithmetic for different areas of maths. Ask your child to work on level 5 and 6 activities and work out areas they need to practise if they are finding things difficult. • Continue to develop your reasoning and problem solving skills by practising these puzzles. There are lots to choose from and some are more challenging than others! • Practice estimating angles with this game here! 	<ul style="list-style-type: none"> • Ask your child to read a chapter from their home reading book or a book that they have borrowed from the library. • Following this, ask your child to create a list of questions they would use to interview the main character. They can test out the questions by answering in role as the character. Encourage your child to think about what the character is like and how this will influence the answers. • Download a free reading pack from the Literacy Shed ask them to read the text and answer the questions which are on the page below the text. The answers are available for you to use as well! • Listen to different David Walliams books here! • Listen to a range of free books on audible. • Complete the reading activities on Sumdog
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Most rap songs contain a rhyme scheme. Your child can create a word bank of rhyming words associated with food and its taste. They will then use this to help them with their rap writing task. • Encourage your child to proofread their writing from the day. They can use a dictionary to check the spelling of any words that they found challenging. This 	<ul style="list-style-type: none"> • Ask your child to continue to write a diary entry/newspaper report summarising the events from the day/week. • Your child can write a recipe to make a healthier option for making a pizza. Think about which ingredients they could switch so that this delicious treat is better for them. Test the recipe out!

will also enable them to check that the meaning of the word is suitable for the sentence.

- Complete spelling challenges on [sumdog](#)

Year 5	Year 6
accommodation	accompany
communication	according
equipment	apparent
interruption	cemetery
profession	controversy
symbol	disastrous
committee	especially
environment	exaggerate
interfere	explanation
privilege	recognise

- How does the human digestive system work? Look at these [clips](#) and write a paragraph to explain and describe it. Try and include diagrams to support what they are writing.
- There are lots of different types of food available for people to eat in the UK. Ask your child to write a rap about food. This could be about a particular food group or their favourite meal.
- ***Fast food establishments and sweet shops should not be within one mile of schools.*** Do you agree/disagree with the above statement? Your child will debate both sides of the argument. You could use the same structure as the persuasive letter last week, but instead of having 3 supporting statements, have 2 supporting a fast food and sweet shop ban and 2 against a ban.
- **Story Task:** Your child may be coming towards the end of their story. Ask them to start to think about how to conclude their story. Will the problem be solved? How has their main character changed and how will they show this through their language choice?

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

Which Foods Contain the Most Sugar? Your child must choose a selection of food items from the food cupboard, fridge and freezer. They will then identify the nutritional label and record the amount of sugar that each food contains. Once they have gathered the information, ask them to record the sugar contents on a [bar graph](#) or [pie chart](#) and evaluate the data. Will their findings change what they or you as a family eat?

Plough to Plate- Ask your child to choose a food from any of the 6 main food groups. They will then locate the country/countries of origin on a world map and work out how far the food item travels to get to their plate. Following this, ask them to sketch a diagram detailing the journey the food has taken and add captions and timeframes. What could we do to reduce how many miles our food travels? [Here](#) is a journey of how a Cornish Pasty is made, which you could use to give you ideas!

Creative Creations- Imagine you are launching a new cereal for breakfast. Your child will create a criteria for the packaging by researching other cereal products. Once they have a criteria, they will use this to [design their own packaging](#) (they may want to do this on a computer if they have access to one). Finally, ask them to gather some feedback from the family about the design. They will use the feedback to adapt and refine the design. After if your child can then compose a jingle that could be used in an advert. This could be created by using household items such as pots and pans or by using these virtual [instruments](#).

Come Dine with Me - Your child is responsible for creating a two course meal for your family members. They need to create the recipes for a main meal and a dessert. Ask them to think about what ingredients they will need to make your recipe and write a shopping list of items. They will then research how much the ingredients will cost using a supermarket website of their choice. Where is the most cost effective place to buy the ingredients? They could then test out a recipe by making it for dinner that evening. Family members may even wish to score each course!

A Balanced Diet - Ask your child to think about the food a toddler might eat compared to an adult athlete. They will then choose five different types of people (e.g. a child, teenager, athlete, teacher etc.) and draw a plate of food that will ensure they are eating a healthy, balanced diet. Underneath each plate, they must justify why they have chosen these foods. Get them to think about the calorie intake each of these individuals might need. Can some people have more of one type of food group? If yes, why can they? Have a look at [these clips](#) to help you!

Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.

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