## SCORE SHEET

| Activity | Achieve Gold |  | Achieve Bronze |
| :---: | :---: | :---: | :---: |
| Around the World | 50 times | 40 times | 30 times |
| Catch and Clap | 35 catch and claps | 25 catch and claps | 15 catch and claps |
| Climb the mountain | 40 mountain climbers | 30 mountain climbers | 20 mountain climbers |
| Egg and Spoon | 5 or more times in a row | 3 or 4 times in a row | 2 or 3 times in a row |
| Throw the teabag | 5 or more scores | 2 or 4 scores | 1 or 2 scores |
| Balance board | 4 or more objects balanced | 2-3 objects balanced | 1-2 objects balanced |
| Wastepaper Basketball | 10 or more scores | 5-9 scores | 4 and under scores |
| Move and Shift | Under 10 seconds | Between 11 \& 20 seconds | Over 21 seconds |
| Slalom run | 20 slalom runs | 18 slalom runs | 12 slalom runs |
| Tuck in and Tuck out | 15 tuck in tuck outs | 10 tuck in tuck outs | 5 tuck in tuck outs |
| Total | Achieve Gold | Achieve Silver |  |

