

Healthy Me

In Gwithian class this half term our topic is 'Healthy Me'. In Literacy we are focusing on 'Handa's Surprise' and learning how to write instructions. During Science we will be learning about our bodies and exercise. Below is a selection of homework ideas. We only expect one piece of topic homework to be completed each week but if your child wishes to do more, that is brilliant!

Please record outcomes in their homework books: this may be photos, drawings, writing etc. Please also circle/highlight which piece of homework you have completed below.

IT	Literacy	Literacy	Science
Take pictures of your fruit bowl/fridge. Label the fruits and vegetables that you see. Try and use adjectives to describe EG 'juicy apple'.	With the help of an adult, write or draw some instructions on how to make a fruit salad. Use bossy verbs like 'put, chop, slice'.	Fruit/Veg identification game. Blind fold yourself and get your parents to pass you some fruit or vegetables. Try and guess what they are using adjectives and 'because'. Eg 'I think this is an apple because it is heavy and smooth'.	Can you name the main parts of the body? Write down some sentences describing what our parts of the body do. EG Our noses help us smell. Our feet help us walk and keep balanced.
Literacy	Science	DT/ART	DT/ART
Try some fruits and vegetables. Write down your evaluation of these using the word 'because'. EG I like the carrot because it is crunchy. I don't like the onion because it is spicy'.	If you melt chocolate, is it changed into a liquid forever? Test this. Take photos and do an experiment write up.	Make some potato prints! Cut some shapes/patterns into a halved potato, paint the flat edge and make some prints.	Make a collage picture of a chosen fruit or vegetable using many different materials.
Independent Learner	Science	IT	Literacy
Create your own homework idea linked to our learning this term.	How long does it take a cut apple to go brown? Experiment. Remember to predict what you think will happen first. Make notes and draw diagrams to explain what has happen during your experiment.	Can you research where a particular fruit/vegetable grows? Make notes of some fun facts!	Make a poem using your senses. Go outside and share your experience. 'I can smell... I can hear...'

