leek one

16/04 07/05 04/06 25/06 16/07 03/09 24/09 15/10

Choose a main meal...

Mediterranean Summer Beans with Wholemeal Pasta Y Mozzarella & Tomato Pizza with Jacket Wedges v

Peas

Berry Chill for dessert Carrots on the side.

Mondau

Chicken Mayo Burger with half Jacket Potato Choose a main meal...

Week two

23/04 14/05 11/06 02/07 23/07 10/09 01/10 22/10

Vegetarian Moussaka Y Mac 'N' Cheese Y Choose a main meal...

Sweetcom Broccoli on the side.

Vanilla Ice Cream

for dessert.

Vegetarian Sausages with Creamy Mash & Gravy Y Pork Sausages with Creamy Mash & Gravy Choose a main meal...

Tuesday

Vegetable Biryani Y

Sweetcom Green Beans

for dessert

Sweetcom on the side.

Chocolate & Banana Mousse Pot Seasonal Cabbage for dessert.

Roast Turkey with Roast Potatoes & Gravy Choose a main meal...

Cauliflower and Broccoli Cheese Bake with Roast Potatoes & Gravy Y

Roast Pork with Roast Potatoes & Gravy

Seasonal Cabbage

on the side...

Mini Chocolate Brownie with Banana & Custard

Carrots

for dessert...

Choose a main meal...

Quom Roast with Roast Potatoes & Gravy Y

Blueberry Fro Yoghurt

Peas on the side...

Oatie Biscuits with Fruit Slices Cauliflower for dessert....

Choose a main meal...

Creamy Tomato & Basil Pasta v Beef Keema Curry with

Thursday

Beef Chilli with Rice

Choose a main meal.

Macaroni, Sweetcom & Cheese Bake Y

Cauliflower Broccoli on the side

Berry Flapjack

for dessert.

Green Beans Carrots on the side.

Carrot & Banana Slice with Custard for dessert...

Bean Burger in a Bun & Tomato Relish with Chips V Golden Fish Fingers & Choose a main meal.

Veggie Hot Dog with Chips

Peas **Baked Beans** on the side...

for dessert....

Orange Shortbread with Yoghurt Dipper

Crispy Fish & Chips

Choose a main meal...

Strawberry Jelly on the side... Crunchy Light Coleslaw for dessert.... Baked Beans

Neek three

£2.30

30/04 21/05 18/06 09/07 17/09 08/10

Cheesy Pizza Bianca with Jacket Wedges Y Vegetarian Bolognaise Y Choose a main meal...

Apple Slaw Peas for dessert...

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9

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All our

Mango Fro Yoghurt

approved

on the side...

Choose a main meal...

Quom Frankfurter Pasta Bake V Creamy Chicken Curry with Rice

Carrots Peach Crumble with Custard Broccoli on the side for dessert...

BWY

of our seaso

vegetables direct from

British growers

3

Choose a main meal. Roast Chicken with Roast Potatoes & Gravy

Country Vegetable Pie with Roast Potatoes & Gravy

Wedges of Pear, Apples & Orange Sweetcom Seasonal Cabbage on the side for dessert...

IS AVAILABLE ON

FRESH SALAD

A DAILY BASIS

Choose a main meal...

Mild Potato & Chickpea Curry with Rice Y Beef Pasta Bolognaise

on the side... Mediterranean Vegetables Green Beans for dessert.

Chocolate & Gingerbread Bite

Choose a main meal...

OVER 30%FOOTPRIN

Bean & Pepper Fajita with Chips Y Crispy Battered Fish & Chips

Crispy Salmon Fillet with Chips

Strawberry Ice Cream on the side.... Baked Beans for dessert....

Schille Septime

WE SUPPORT

BRITISH FARMS

(3)

We only use Lion Quality British Eggs cut of meat back to We can trace every the farms of origin

FARM TO FORK

BREAD IS ALL OUR

FRESHLY BAKET EVERY DAY



4 Life change







