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Quote of the week:

Ŵ Sports builds good habits, confidence, and discipline. They make players into community leaders and teach them how to strive for a goal, handle mistakes, and cherish growth opportunities' Julie Foudy

January was a month of firsts for TLA as we entered our very first Basketball tournament and Indoor athletics competition. Plymouth Argyle continued their 12 week coaching programme and EYFS took part in some balance bike assessments and have since started a Ready, set, ride programme.

Ready, Set, Ride!

Thanks to Isabelle and Toby for becoming balance bike leaders and showing the rest of Kynance how to ride safely and skilfully.





Kynance now has two balance bike groups to help the children learn and develop their confidence and ability when riding a balance bike.



Table Cricket



Indoor athletics

On 22nd January we took 28 children from TLA to compete at Richard Lander in the AVIVA indoor athletics. The children showed real determination whilst competing and finished fourth out of six schools! WELL DONE to all involved!



Our 6 sessions of Table cricket have now ended and we now look forward to an indoor table cricket festival next week at Truro College.

Swimming This will hopefully re-commence after Easter as the swimming pool we are planning to use should be re-opening!