£2.30

Week one

22/04 13/05 10/06 01/07 22/07 02/09 23/09 14/10

Monday
Choose a main meal...
- Tomato & Mozzarella Pizza with Pasta Salad V
- Chinese Style Veggie Rice V

on the side...
- Broccoli
- Mixed Salad

for dessert...
- Mango Frozen Yoghurt

Tuesday
Choose a main meal...
- Hog Dog with Jacket Wedges
- Veggie Hot Dog with Jacket Wedges V

on the side...
- Peas
- Sweetcorn

for dessert...
- Pear Upside Down Cake with Custard

Wednesday
Choose a main meal...
- Roast Turkey with Roast Potatoes & Gravy
- Quorn Roast with Roast Potatoes & Gravy V

on the side...
- Carrots
- Cabbage

for dessert...
- Flapjack with Fruit Slices

Thursday
Choose a main meal...
- Beef Pasta Bolognese
- Vegetable Pasta Bolognese V

on the side...
- Green Beans
- Sweetcorn

for dessert...
- Berry Chill

Friday
Choose a main meal...
- Golden Fish Fingers with Chips
- Salmon Fish Fingers with Chips
- Quorn Dippers with Chips V

on the side...
- Peas
- Baked Beans

for dessert...
- Brownie Cake

Week two

29/04 20/05 17/06 08/07 09/09 30/09

Monday
Choose a main meal...
- BBQ Quorn Burger with Jacket Wedges V
- Mac 'N' Cheese V

on the side...
- Crunchy Coleslaw
- Mixed Salad

for dessert...
- Chocolate Sponge Cake with Custard

Tuesday
Choose a main meal...
- Pork Sausages with Creamy Mash
- Vegetarian Sausages with Creamy Mash V

on the side...
- Peas
- Baked Beans

for dessert...
- Strawberry Sponge Swirl

Wednesday
Choose a main meal...
- Roast Chicken with Roast Potatoes & Gravy
- Cauliflower & Creamed Corn Bake with Roast Potatoes V

on the side...
- Cabbage
- Carrots

for dessert...
- Jelly with Fruit

Thursday
Choose a main meal...
- Chicken Curry with Rice & Naan Bread
- Mild Chickpea Curry with Rice & Naan Bread V

on the side...
- Broccoli
- Sweetcorn

for dessert...
- Apple & Carrot Slice

Friday
Choose a main meal...
- Crispy Fish & Chips
- Baked Bean & Cheese Quesadilla with Chips V

on the side...
- Peas
- Tomato & Cucumber Salad

for dessert...
- Oatie Biscuit with Fruit Slices

Week three

06/05 03/06 24/06 15/07 16/09 07/10

Monday
Choose a main meal...
- Mac 'N' Cheese V
- Vegetable Korma with Rice V

on the side...
- Broccoli
- Carrots

for dessert...
- Peach Slice

Tuesday
Choose a main meal...
- All Day Breakfast
- Vegetarian All Day Breakfast V

on the side...
- Grilled Tomatoes
- Baked Beans

for dessert...
- Lemon Drizzle Cake

Wednesday
Choose a main meal...
- Roast Pork with Roast Potatoes & Gravy
- Quorn Roast with Roast Potatoes & Gravy V

on the side...
- Carrots
- Cabbage

for dessert...
- Blueberry Frozen Yoghurt

Thursday
Choose a main meal...
- Chinese Chicken Noodles
- Chinese Vegetable Noodles V

on the side...
- Green Beans
- Sweetcorn

for dessert...
- Apple & Berry Crumble with Custard

Friday
Choose a main meal...
- Golden Fish Fingers & Chips
- Quorn Burger with Chips V

on the side...
- Baked Beans
- Peas

for dessert...
- Chocolate Shortbread with Fruit Slices

All our milk is Red Tractor approved

WE BUY 95% of our seasonal vegetables direct from British growers

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

Our special diets menu can be provided following documentation from medical professional

Jacket potatoes with assorted toppings, fruit and yoghurts available daily

change 4 life

eat right stay bright

WE SUPPORT 82 BRITISH DAIRY FARMS

We only use Lion Quality British Eggs

FARM TO FORK
We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

All our bananas are FAIRTRADE

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