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PE kit Reminder

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@truroacademy

As the new calendar year begins we would like to take this opportunity to remind parents/carers of our PE kit expectations.

Children take part in two sessions of Physical Education a week. Please ensure your child has the correct PE kit in school on their timetabled PE days. However, it is advised your child keeps their kit in school throughout the week in case of any timetable changes.

Thank you to those children who consistently wear the correct PE kit during lessons. Please could we remind you that it is essential for all pupils to wear **appropriate kit for their PE** lessons to ensure personal hygiene and safety.

During PE lessons children are **not allowed to wear jewellery** of any kind, including watches, necklaces and earrings, please ensure these can be removed or safely secured during PE.

Kit should include:

- · White t-shirt
- · Navy Blue Shorts

• Plimsolls/trainers (This is essential for your child's safety and they will not be able to participate without appropriate footwear)

• Tracksuit bottoms/top if needed (especially when the weather gets colder)

Thank you in advance for your support with ensuring your child is well equipped for PE lessons.

If you would like to borrow PE kit for the year for your child. Please speak to Miss Claxton in the family hub as we do have some spare items. (dependent on sizes)

Mr Le-Doux-Lucas

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Quote of the week:

Sports build good habits, confidence, and discipline. They make players into community leaders and teach them how to strive for a goal, handle mistakes, and cherish growth opportunities. Julie Foudy

Its been an exciting start to the Autumn term. Kynance PE involved lots of imagination in their Disney themed lesson; Gwithian and Sennen started with Bertie bunny and his adventures in PE; Fistral, Pentire, Summerleaze and Marazion have all been challenged with some rather tough Team building scenarios.

Summerleaze class also began their term with an amazing fist session of sailing.





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